



FOR IMMEDIATE RELEASE

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Nourish America™
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Nourish America Urgently Requests Donations for Iowa Flood Relief

(Ojai, CA)—Nourish America needs your help. Nourish America's partners in Iowa are urgently requesting nutritional support for evacuees and emergency workers affected by the state-wide flooding disaster.

The situation is tragic. At this time, more than 36,000 people have been evacuated from 23 Iowa cities and rural county areas. In fact, 83 out of 99 of Iowa's counties have been declared state disaster areas. Ten of these counties are under mandatory or voluntary evacuations. Experts estimate that flood victims and evacuees will require support for at least two weeks.

Nourish America activated last week its Disaster Relief Program to support these families and emergency workers during this difficult time. It has partnered with United Way, Catholic Worker and the United Methodist Committee on Relief. Will you join us?

You can help substantially by donating the following items:

- Cash Funds
- Protein and meal replacement bars
- Protein and meal replacement drinks
- Protein and meal replacement powders
- Energy drinks
- Shelf stable dairy products
- Shelf stable prepared foods
- Ready to eat snacks
- Cereal packets
- Shelf stable juice
- Shelf stable baby food
- Multi-vitamins for children, adults and seniors
- Other supportive nutritional supplements
- Cleaning solutions
- Hand sanitation products
- Body and skin care products

To donate: Please contact mary@nourishamerica.org , call us at (805) 715-2693, or visit our website at www.nourishamerica.org .

About Nourish America

Nourish America™ is a tax-exempt, non-profit organization committed to improving the health of those at risk of malnutrition through vitamin supplementation, nourishing foods (including naturals and organics) and health education. Nourish America has received the highest rating two years in a row from Charity Navigator, the nation's leading charity watchdog organization, ranking it in the top 14% of 5,000 of America's best-known charities for fiscal management. Independent audits of Nourish America's finances show that 94% of all donations go directly to programs and those served.

www.nourishamerica.org

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