



FOR IMMEDIATE RELEASE

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Nourish America™
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Nourish America Urgently Requests Donations for Hurricane Gustav Relief

(Ojai, CA)— Nourish America needs your help. Today, Nourish America's partners are urgently requesting nutritional support.

Hurricane Gustav has landed in Louisiana creating an estimated 10 billion dollars in damage. This is a state-wide disaster where supplies for those in need have been badly depleted.

Almost two million people have been evacuated, straining the supplies of over 100 shelters throughout Louisiana and surrounding states. Power is out for 1.4 million and is not expected to be fixed for two weeks.

In response, Nourish America has activated its Disaster Relief Program to help families and emergency workers in need on the Gulf Coast during this difficult time. We have partnered with the Citizens Command Center, AGS Disaster Response, FEMA and Homeland Security in our efforts. Will you join us?

You can help substantially by donating the following items:

- Cash Funds
- Water
- Protein and meal replacement bars
- Protein and meal replacement drinks
- Protein and meal replacement powders
- Energy drinks
- Shelf stable dairy products
- Shelf stable prepared foods
- Canned goods
- Ready to eat snacks
- Ready to eat cereal
- Shelf stable juice
- Shelf stable baby food
- Multi-vitamins for children, adults and seniors
- Other supportive nutritional supplements
- Cleaning solutions
- Hand sanitation products
- Body and skin care products

To donate: Please contact mary@nourishamerica.org, call us at (866) 487-1484, or visit our website at www.nourishamerica.org.

About Nourish America

Nourish America™ is a non-profit organization committed to improving the health of those in need through vitamin supplementation, nourishing foods (including naturals and organics) and health education.

Through the generosity of our donors, Nourish America has provided millions of dollars of natural products to support disaster victims and emergency workers. Recently Nourish America sent over one million dollars in product for Iowa Flood Relief.

Nourish America has received high ratings three years in a row for its fiscal management from Charity Navigator, the nation's leading charity watchdog organization. Independent audits of Nourish America's finances show that 94% of all donations go directly to programs and those served. www.nourishamerica.org

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