



FOR IMMEDIATE RELEASE

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***Nourish America Relief Update: Food and Water in Limited Supply
For Ike Victims and Evacuees***

(OJAI, CA) Nourish America is calling for product and cash donations for Hurricane Ike Disaster Relief. Nourish America contacts with the National Guard have urgently requested Nourish America for water and food to help displaced Gulf Coast citizens and Ike victims.

Nourish America is focusing its resources in the areas of greatest need including Houma, Louisiana, a community hit by both hurricanes, suffering extensive wind damage from Gustav and flood damage to 9,000 homes and damage to 15,000 structures from Ike. Today the community is in crisis.

In Galveston, Texas the city has been so decimated that it is considered uninhabitable at this time. Tens of thousands in Houston and outlying areas are unable to return home and need food and water, including some teams of the National Guard.

In this disaster, Nourish America has joined with Office Depot Foundation, the National Foundation of Women Legislators, and Texas State Representative Debbie Riddle to create a distribution center outside of Houston to disperse needed nutrition and drinks for thousands.

“We appreciate the rapid assistance we have received from the National Foundation of Women Legislators, the Office Depot Foundation and Nourish America in response to the catastrophic events of the past few days, says Rep. Riddle. “These organizations have stepped up to the plate quickly and generously.”

You can help during this effort by donating the following:

Cash Funds
Water
Protein and meal replacement bars
Protein and meal replacement drinks
Protein and meal replacement powders
Energy drinks
Shelf stable dairy products

Shelf stable prepared foods
canned goods
Ready to eat snacks
Ready to eat cereal
Shelf stable juice
Shelf stable baby food
Multi-vitamins for children, adults and seniors
Other supportive nutritional supplements
Cleaning solutions
Hand sanitation products
Body and skin care products

To donate: Please contact mary@nourishamerica.org, call us at (866) 487-1484, or visit our website at www.nourishamerica.org. Checks can be sent to Nourish America, P.O. Box 567, Ojai, CA 93024.

About Nourish America

Nourish America™ is a non-profit organization committed to improving the health of those in need through healthy supplements, nourishing foods (including naturals and organics) and health education. Daily, 30,000 low income children and seniors throughout America receive nutrition through Nourish America programs.

Through the generosity of our donors, Nourish America has provided natural products to support disaster victims and emergency workers valued at more than \$2 million. This summer Nourish America provided over one million dollars in product for Iowa Flood Relief.

Nourish America has received high ratings three years in a row for its fiscal management from Charity Navigator, the nation's leading charity watchdog organization. Independent audits of Nourish America's finances show that 94% of all donations go directly to programs and those served. www.nourishamerica.org

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