



FOR IMMEDIATE RELEASE

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***Nourish America Requests Donations to Support
North Dakota Flood Disaster Victims and Workers***

(OJAI, CA) - Nourish America in partnership with the National Foundation of Women Legislators (NFWL) and North Dakota State Representative Bette Grande are calling for product and cash donations to help with the current flooding crisis. Nourish America asks for contributions to support the recovery efforts of North Dakota and other states and communities affected by this disaster.

“It looks like a military outpost here in Fargo, North Dakota. Local officials and law enforcement are working with over 1,000 National Guard now; many roads are blocked. The roads that are open are filled with large transport trucks. Every able bodied citizen is working on flood control. Thousands are showing up in freezing weather at the command centers to be bussed to the riverside to help block the Red River from coming ashore,” said Representative Grande this morning.

“The river has risen to over 40’. Flood stage is considered 18’. In 1997, a flood took out the entire city of Grand Forks and left nothing standing. The river here is supposed to reach 43’ tomorrow. We have one day to protect our city and we’re all on the job.”

“We could really use some help. Right now our command centers are calling for donations of food, water and other supplies for the workers and the flood victims. Thousands have been evacuated from their homes. Any donations we receive would be a blessing,” said Representative Grande.

Robin Read, Founder and CEO of NFWL says, “We at The National Foundation of Women Legislators feel privileged to be able to work in conjunction with Representative Grande on this relief effort. Because of the hard work of Representative Grande and her staff, donated products will be distributed seamlessly in coordination with the mayor’s office, the governor’s office, the National Guard, the Salvation Army as well as local officials, law enforcement and churches. We are proud to have Representative Grande as an officer of the National Foundation of Women Legislators. We wish her and her family the best, as they too are under voluntary evacuation at this time.”

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You can help during this effort by donating the following:

- Cash Funds
- Water
- Protein and meal replacement bars
- Protein and meal replacement drinks
- Protein and meal replacement powders
- Energy drinks
- Shelf stable dairy products
- Shelf stable prepared foods
- Canned goods
- Ready to eat snacks
- Ready to eat cereal
- Shelf stable juice
- Shelf stable baby food
- Multi-vitamins for children, adults and seniors
- Other supportive nutritional supplements
- Cleaning solutions
- Hand sanitation products
- Body and skin care products

“Nourish America is pleased to partner with the National Foundation of Women Legislators and Representative Grande to support Fargo and other towns and cities in the Midwest in their fight to save homes and businesses. Good quality nutritional products can be life savers during crisis and trauma. We invite everyone to join with us to lend a hand to our neighbors in need, said Michael Morton, Executive Director of Nourish America.

To donate: Please contact mary@nourishamerica.org , call us at (866) 487-1484, or donate online at www.nourishamerica.org . Cash contributions can be sent to Nourish America, P.O. Box 567, Ojai, CA 93024.

About Nourish America

Nourish America™ is an award-winning non-profit organization committed to improving the health of those in need through nutritional supplements, nourishing foods (including naturals and organics) and health education. Daily, 30,000 children in need and 34,000 low income seniors throughout America receive nutritional support through Nourish America programs.

Through the generosity of our donors, last year Nourish America provided natural products valued at more than \$3.5 million including one million dollars in product for Iowa Flood Relief.

Nourish America has received high ratings three years in a row for its fiscal management from Charity Navigator, the nation's leading charity watchdog organization. Independent audits of Nourish America's finances show that over 96% of all donations go directly to programs and those served. www.nourishamerica.org

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